Persisting under Pressure – Ps. 62

Persisting in waiting

Ps. 62: 1-2 – My soul waits in silence for God only: from Him is my salvation. He only is my rock and my salvation, my stronghold, I shall not be greatly shaken.

62: 5 -8 - My soul, wait in silence for God only, for my hope is from Him. He only is my rock and my salvation, my stronghold, I shall not be shaken. On God my salvation and my glory rest, the rock of my strength, my refuge is in God. Trust in Him at all times, O people, pour out your heart before Him, God is a refuge for us.

**The pressure of waiting**

Maybe you have prayed this in your current trials: **Lord give me patience I want it right now!**

* The reality is that our trials in life don’t begin or end when we choose
* Have you been asking God in prayer relieve a pressure in your life but God has not answered?
* Do you count the days, months, years regarding the trial you are living in wondering why God has not taken it away?
* There is nothing harder than waiting with no promised of a pain ending!

**This is why we must learn to wait on God not wait on the trial to end**

**Hear God’s Word**

Ps. 62 – David talks about waiting on God under pressure

He reveals how we can learn to wait only on God – only is used 6 times in this Psalm

1. **Only wait for God to direct your life – 62:1**

The Hebrew reads: Only for God in silence does my soul wait

1. **Only wait for God as you trust Him – 62:1**

from Him is my salvation

1. **Only wait for God quiet stillness – 62:5**

My soul, wait in silence

1. **Only wait for God in secure assurance – 62:6**

I will not be shaken

**Believe God’s Word**

1. **Waiting is a word that means “to twist or stretch in order to be strong”**
2. **Waiting on God strengthens you – He is twisting, stretching your faith in Him**

They that wait on the Lord will renew their strength – Isa. 40:31

1. **God’s ways are based on His timing not our timing**
2. **Faithfully waiting on God is the condition of all God’s children**

Phil. 3:20 – we eagerly wait for a savior, the Lord Jesus Christ

**Live God’s Word**

1. **Wait on God as your only source of help!**
2. **Tell yourself to wait on God in your trials**
3. **Quietly rest in God’s timing & purposes**

**Now let’s pray: Lord I wait on You: whenever & whatever you do!**