**Persisting under the pressure of fearfulness – Ps 27**

The Lord is the light and my salvation, whom shall I fear? The Lord is the defense of my life, whom shall I dread? When evildoers came upon me to devour my flesh, my adversaries and my enemies, they stumbled and fell. Though a host encamp against me, my heart will not fear, though war arise against me, in spite of this I shall be confident – NASB

The Lord is my light and my salvation, so why should I be afraid? The Lord is my fortress, protecting me from danger, so why should I tremble? When evil people come to devour me, when my enemies and foes attack me, they will stumble and fall. Though a might army surrounds me, my heart will not be afraid. Even If I am attacked, I will remain confident - NLT

**The pressure of fearfulness**

1. Many today are gripped by fear.
2. The pressure of fear leads to great despair & panic.
3. There are numerous types of fear: fear of man, fear of death, fear of loss, fear of rejection, fear of unknown, fear of the future
4. Believers also experience times of fear & dread
5. There is nothing more paralyzing than terror of the mind
6. What is the answer to persisting under the pressure of fear?

**Hear God’s Word**

1. **The fear of the Lord is the way to freedom from fear – 27:1**

Though it does not say the fear of the Lord – yet God’s light & salvation remove fearfulness even in the most difficult of circumstances

The Lord is my light – no darkness in the Lord – in Jesus Christ is the light – He is the light of the world – the light to everyone who comes to him

The is my salvation – He is my deliverer, rescuer, savior from all dangers & enemies

1. **Face your fears in the fear of the Lord – 27:1**

Whom shall I fear? – today present your fears to the Lord knowing that you should only fear Him

Whom shall I dread?

**When you are fearful – read these words aloud – you need to hear yourself say them!**

1. **Trust in the Lord to defend you in the midst of your troubles & fearfulness – 27:3**

Condition: Though a host encamp against me – Faith – My heart will not fear

Condition: though war arise against me – Faith – in spite of this I shall be confident

1. **Wait on God’s help in all the circumstances of your life – 27:14**

Wait for the Lord – He will come – He will help you

Be strong – persist – be courageous in your fearful circumstances

**Believe God’s Word**

1. The Fear of the Lord is the beginning of knowledge & wisdom
2. When you live in the fear of the Lord – situational fears fade away
3. If you fear God – ask yourself – who or what should I fear? Why am I afraid of this situation more than I am fearful of God?
4. Fearlessness rises as we trust & wait on God in our circumstances of fear

**Live God’s Word**

1. Face your fearful circumstances in the fear of God
2. Ask yourself today – Do I fear God or my fearful conditions?
3. Wait on the Lord – he will protect you & save you!

**The Lord is my light and my salvation, whom shall I fear? The Lord is the defense of my life, Whom shall I dread?**