**Lord Teach Us to Pray – Matt. 6:13**

**Focal Truth: Pray - Heavenly Father protect us from yielding to temptation**

**Observations**

Does God tempt us to sin?

What is temptation?

Why should we pray to be protected from temptation?

The Lord teaches His disciples to pray for protection as they face temptation in the world

The Lord teaches His disciples to pray for power to overcome temptation & avoid sin

**Observations**

1. **Pray - may you lead us to avoid yielding to temptation**

**Temptation = enticement to sin**

1. Believer’s do not pray thinking that God is the source of temptation

James 1:13 – *let no one say when he is tempted, I am being tempted by God, for God cannot be tempted by evil, and He himself does not tempt anyone*

1. Believers recognize that temptation is from the devil & the world culture

John 16:33 – *I have spoken these things to you so that you may have peace, in the world you will have tribulations…*

1. Believers understand that temptation is attractive to man’s lusts & desires

James 1:14 -15 –

* Personal lusts & desires are attracted by temptations - *but each one is tempted when he is carried away & enticed but his own lust*
* Personal lusts & desires act in sin through temptations – *then when is lust conceived it gives birth to sin*
* Personal sin produces spiritual death – *when sin is accomplished it brings forth death*

**Consider:**

* Temptation is common to life in the world – all temptations are evil
* Believers must watch & pray not to yield to temptation

Mk. 14:38 – *keep watching & praying that you may not come into temptation, the spirit is willing but the flesh is weak*

* Watch your desires, lusts, passions in a world of evil temptations
1. **Pray - may you lead us to escape temptation**
2. Believers know that the Lord Jesus Christ was tempted by evil

Matt. 4:1 – *then Jesus was led up by the Spirit into the wilderness to be tempted by the devil*

1. Believers know that Jesus Christ will come to the aid of those who call to him in their temptations

Heb. 2:18 – *for He Himself was tempted in that which He has suffered, he is able to come to the aid of those who are tempted*

1. Believers know that Jesus Christ knows & understands the power of temptation & gives grace to those in need

Heb. 4:15 – *we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need*

1. Believers know that God always helps them find a way to escape the temptation to sin

1 Cor. 10:12 – *no temptation has overtaken you but such as is common to man, God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide a way of escape also, so that you will endure it.*

1. God does allow temptation in order to test His children

The Lord Jesus was tested by temptations he endured

**He who is not tempted is not tested - Augustine**

**Consider:**

* Remember Jesus Christ our Lord **knows** the power of temptations
* Pray for God the Father to give you **an escape** from temptations
* The Lord knows how **to rescue** the godly from temptation – 2 Pet. 2:9
1. **Pray - may you lead us to overcome temptation**
2. Believers live by faith to overcome temptation by God’s grace & power

1 John 4:14 -15 – *you are from God, little children & have overcome them because greater is He who is in you than he who is in the world, whatever is born of God overcomes the world, & this is the victory that has overcome the world our faith*

1. Believers know that God will deliver them from evil temptation as they trust in Him

2 Tim. 4:18 – *the Lord will rescue me from every evil deed, & bring me safely to his heavenly kingdom…*

1. Believers know that they overcome temptation by doing God’s will

Rom. 12:21 – do not be overcome by evil, but overcome evil with good

 **Consider:**

* Pray in faith asking the Father to help **overcome** temptation
* Live in **the power of the Holy Spirit** to overcome temptation

**Things to Remember & Do**

1. Every believer faces the **traps of temptation**
2. Jesus Christ gives aid to those who are struggling in temptation
3. Pray asking God to protect you from temptation – as you watch yourself & remain in God’s word
4. Trust God in temptation He will rescue you!

**Lead us not into temptation**

**To the praise of the glory of His grace! The Lord is near to the door! Come Lord Jesus!**