



CHANGE YOUR

MIND

Romans 2:14-16

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¹⁴ For when Gentiles who do not have the Law do instinctively the things of the Law, these, not having the Law, are a law to themselves, ¹⁵ in that they show the work of the Law written in their hearts, their conscience bearing witness and their thoughts alternately accusing or else defending them, ¹⁶ on the day when, according to my gospel, God will judge the secrets of men through Christ Jesus.

Question:

Why do I feel guilty?

Focal Truth:

The conscience produces guilt when we sin.

1. Everyone has a conscience.

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2. How does the conscience work?

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Rom. 2:15

2. How does the conscience work? (cont'd.)

- The conscience is self-judgement.
- The conscience is the witness and recorder of our actions.
- The conscience testifies, accusing or excusing our actions.
- The conscience judges our actions either as sinful or right.
- The conscience punishes or excuses our actions producing emotions.

3. The power of guilt and shame

And the man and his wife were both naked and were not ashamed. Gen. 2:25

Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loin coverings. Gen. 3:7

3. The power of guilt and shame (cont'd)

- The innocence of a peaceful conscience was gone.
- The feelings of hiding, shame had come.
- The words to justify their sin had come.
- The man-made efforts to hide their guilt and soothe their conscience
- They, in their guilt, became their own judge.

4. Repentance of sin brings freedom from a guilty conscience.

For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.

2 Cor. 7:10

4. Repentance of sin brings freedom from a guilty conscience. (cont'd.)

- Repentance means to change your mind.
- Godly sorrow is a guilty conscience for sin leading to repentance. - 2 Cor. 7:9
- Worldly sorrow is a guilty conscience without repentance for sin. - 2 Cor. 7:10
- Repentance of sin produces peace of mind.-
1 John 3:21

Daily Use:

- Are you living under the torment of a guilty conscience today?
- Are you hiding in shame trying to excuse or refuse the accusation of your conscience?
- God calls us to repent and confess our sins believing that He will forgive us our sins in Christ Jesus.



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