**Strength for our struggles**

**Eph. 6:10 – be strong in the Lord and in his mighty power**

The man said to me, pray that I will just have enough strength to finish today

The woman said to me, pray that I will find a way to keep going

The teenager said to me, pray that I will have the power to overcome these temptations

The couple said to me, pray that we will grow strong in our walk with God

These are just a few examples of the cries of people for strength to continue on in life and the circumstances they are facing.

**Questions to consider:**

Are you experiencing spiritual weakness today?

Are you needing power to overcome today? Temptation, addictions,

Do you have strength for the journey of life?

**Eph. 6:10 – be strong in the Lord and in His mighty power**

1. **Strength for life comes from God**
2. Continue to be strong in the Lord – the power of God that saved you is the power that sustains you
3. The power that raised Jesus Christ from the dead is the power that comes to the believer
4. Paul said, **when I am weak then I am strong**

* Weakness destroys self - confident determination
* Weakness produces dependence on God’s strength not man - made strength
* God strengthen the believer with His strength = power that created the world, raised Jesus from dead, holds all things together by word of His power

1. **God’s strength is His strength in us**
2. You can do all things through Christ who strengthens you
3. Abraham grew in strength in His faith
4. Believers grow stronger by the help of God’s unending grace
5. **God’s strength is unending & powerful**
6. God’s surpassing great power is for believers regardless of their situation
7. God’s power is at work in the believer’s life as we trust & obey him
8. By God’s power we stand against temptations, world pressures, trials & despair
9. God’s power is unending & unstoppable – rely on His strength not your own!

**Be strong in the Lord, and in His mighty power**

**My prayer for you today: I pray that you will understand the incredible greatness of God’s power for us who believe him.**