**Things you need – Learning contentment**

Phil. 4:11

*Not that I speak from want, for I have learned to be content in whatever circumstances I am.*

**Focal Truth: Every Christian must learn to be content in all circumstances**

What is contentment? The Greek word means self – sufficient

**The Contented Christian is the holy indifferent Christian**

**Observations**

1. Every Christian must learn the qualities & duty of contentment
2. It the duty of the Christian to rejoice in the Lord always – Phil 4:4
3. It is the duty of the Christian to live with a gentle spirit knowing the Lord is coming soon – Phil 4:5
4. It is the duty of the Christian not worry about anything but pray about everything – Phil 4:6

 The peace of God which comes from prayer sets the mind in a condition of contentment – Phil 4:7

1. It is the duty of the Christian to set their minds on the best things – Phil 4:8

 True things

 Honorable things

 Right things

 Pure things

 Lovely or loveable things

 Things of good repute

 Excellent things

 Things worthy of praise

 “dwell on these things” = Ponder, deeply think about them.

 Fill your mind with the best things it will assist in experiencing contentment

1. Every Christ must learn the importance of contentment - 4:11
2. Learning contentment is hard it is against nature
3. Learning contentment is hard its importance comes from the sad results of discontentment
4. Every Christ must learn from the lessons of all circumstances - 4:11
5. Whatever the conditions contentment can be practiced
6. Contentment learned reveals that we are Christians
7. Contentment learns getting along in humble conditions – 4:12
8. Contentment learns getting along in prosperity – 4:12
9. Contentment learns getting along full – 4:12
10. Contentment learns getting along going hungry – 4:12
11. Contentment learns getting along abundance – 4:12
12. Contentment learns getting along in need – 4:12
13. The secret of contentment is getting along – living with holy indifference in any and every circumstance – 4:12
14. 2 Cor. 6:4 – 6 but in everything commending ourselves as servants of God, in much endurance, in afflictions, in hardships, in distresses, in beatings, in imprisonments, in tumults, in labors, in sleeplessness, in hunger, in purity, in knowledge, in patience, in kindness, in the Holy Spirit, in genuine love
15. 2 Cor. 6: 8 -10 by glory and dishonor, by evil report and good report, regarded as deceivers and yet true, as unknown, yet well known, as dying yet behold we live, as punished yet not put to death, as sorrowful yet always rejoicing, as poor yet making many rich, as having nothing yet possessing all things.

 **Paul learned to be indifferent to his circumstances as he lived for the Lord**.

1. The confidence of contentment – 4:13

***I can do all things through Him who strengthens me.***

**Things to Remember**

1. Contentment is an internal condition
2. Contentment is a habitual condition
3. Contentment is a command of God – Heb. 13:5 – be content with what you have
4. Contentment rests on the promise of God – Heb. 13:5 – I will never leave you nor forsake you
5. Contentment comforts and settles the troubled mind
6. Contentment is the best learning in life
7. If we could be satisfied with less we would be less unsatisfied
8. Contentment is the crown jewel of a happy life
9. Contentment protects from many sins

Impatience

Murmuring

Temptations

Lusts

Unbelief

1. Contentment is ever learning from all conditions

Learning humility

Learning faith

Learning repentance

Learning prayer

Learning

 **Daily Use**

1. Practice holy indifference (contentment) in all your circumstances
2. Rejoice in all your circumstances
3. Be thankful in all your circumstances
4. Pray in all your circumstances