**Strength for our struggles**

**Eph. 6:18 – with all prayer and petition pray at all times, in the Spirit with this in view be on the alert with all perseverance and petition for all the saints**

**Focal Truth: Praying to God gives us strength to stand & resist in our spiritual struggles**

How often do you pray?

Do you pray only when you are in trouble? Have you given up on pray because of your struggles?

Why is important for us to pray in our struggles?

1. **We pray about everything in our spiritual struggles**

“with all prayer and petition”

We pray clothed with our spiritual armor

We pray while we battle,

We pray while we struggle with the evil one

We don’t stop and pray we pray in the battle…in the struggle!

1. **We pray all the time in our spiritual struggles**

“pray at all times” –

We pray when it seems we are losing ground – or gaining ground

We pray for what we need in the struggle

We pray for power in weakness

We pray for courage in our cowardice

We pray for God’s assured presence when we feel alone

The Lord Jesus said, the Father knows what you need before you ask! That gives us confidence to pray in our struggles!

1. **We pray in the Spirit with alertness & endurance in our spiritual struggles**

“praying at all times in the Spirit…be on the alert & persevere”

We pray in the Spirit – the Holy Spirit helps us in our prayers in the struggle

When we don’t know what to pray the Holy Spirit prays for us!

We pray with the Holy Spirit’s assistance in the struggle

We you don’t think you can pray – the Spirit helps us pray

We watch & pray with endurance in the struggle

The Lord Jesus said, watch and pray that you not enter into temptation!

**The promise: we resist the devil & stand strong in the spiritual struggle when we are clothed with our spiritual armor and we are praying all the time**